



1

Foundations

- The Greek Word for salvation is _____.
The full meaning is _____, _____, _____,
_____.
- Our _____ was _____ by _____ on
the _____.
- The word _____ in the Gospels regarding
healing always refer to the _____.

2

Foundations
Jehovah Rapha

- Define Jehovah Rapha.
- _____ means 'to mend'. It also means to
cure or cause to be cured, to heal, to
position, to repair, to make whole.
- So the Lord is the _____, the One that
makes us whole.
- Rd. Psalm 147:3. What kind of healing is this?
- Rd. Psalm 23:2-3. What kind of healing is this

3

Foundations
Our Position as a Believer

- Rd. Galatians 2:20. Describe our position.
- Rd. Colossians 3:1-3. What does it mean our life is hidden with Christ in God?
- Rd. 1 Thessalonians 5:23. How are we made up? Briefly describe each part.
- To sanctify means to _____. Which parts?

4

Foundations
Our Directive as Believers

- Rd. Romans 12:1-2. What 4 commands are given in this Scripture?
- Notice and comment on the similar words to 1 Thes. 5:23:
- Body
- Soul / Mind
- Spirit
- This Scripture is another way of describing what process? _____

5

Foundations
A Central Scripture

- Rd. Isaiah 61:1-3 in at least two translations..
- Who does this describe initially?
- Why does it apply to us now?
- Note the words that denote healing of the soul that is needed.
- Who does the healing?
- “Whom the Lord calls He equips and who He equips He empowers”

6

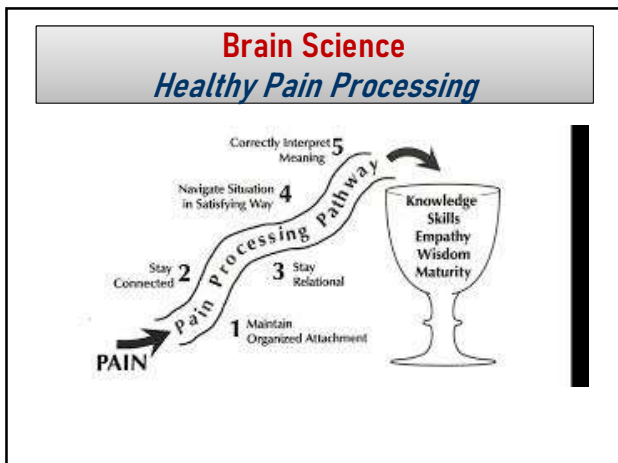
<p style="text-align: center;">Brain Science <i>Symptoms that may Need Healing</i></p>			
Intrusion	Avoidance	Cognition & Mood Changes	Arousal & Reactivity Changes
<ul style="list-style-type: none"> • Involuntary & recurrent memories • Traumatic nightmares • Flashbacks • Intense or prolonged distress after exposure to reminders 	Avoiding trauma-related <ul style="list-style-type: none"> • Thoughts • Feelings • People • Places • Conversations • Activities • Objects • Situations 	<ul style="list-style-type: none"> • Can't recall key features of event • Negative beliefs about self or world • Distorted blame • Persistent fear, horror, anger, guilt or shame • Diminished interest in activities • Feeling alienated • Inability to feel positive emotions 	<ul style="list-style-type: none"> • Irritable or aggressive • Self-destructive • Hypervigilance • Exaggerated startle response • Problems with concentration • Sleep problems

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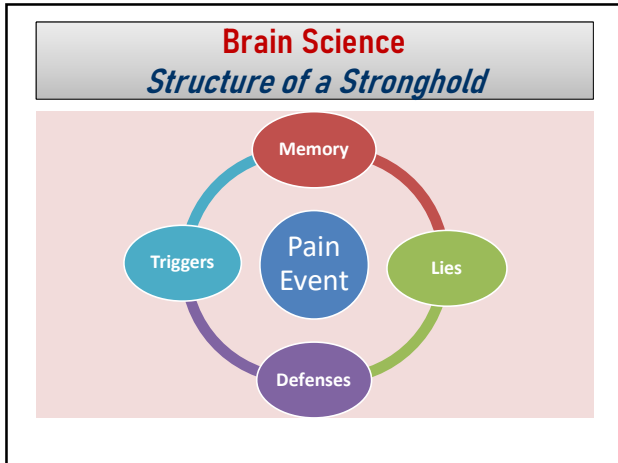
Brain Science
"Triggering"

- **"Trigger"** – Any stimulus in the present that activates a memory content.
- Can be good or not good (Traumatic)
- Something in the present causes our brain/mind to open traumatic memories
- If memories are unresolved, they activate symptoms that indicate a need for healing.
- Those memory symptoms feel true in the present

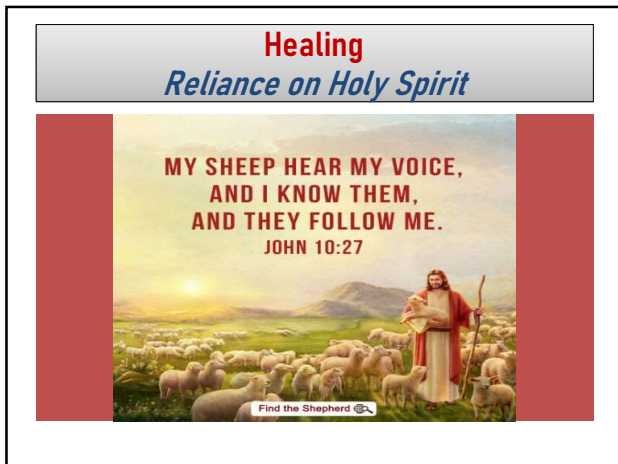
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13



14

- Healing**
Tools & Weapons of Healing
- All are applied by PRAYER to a Great Degree**
- The Finished Work of the Cross
 - Hearing God's Voice
 - Word of God
 - Name of Jesus & His Blood
 - Prayer/Holy Spirit Prayer/Laying on of Hands
 - Binding and Loosing
 - Worship
 - Angelic Help

15

Healing
Tools & Weapons - Application

BE LED BY HOLY SPIRIT

- Get in small groups
- Read together – *“Prayer Model for Deliverance from Trauma”* – Dr. Hutchings
- Discuss.
- Pray through the prayer together. Let Holy Spirit guide
- Seal the time in the Blood of Jesus Christ.

16

Healing
Post Prayer - Walk it Out

“Submit to God. Resist the Devil and he will flee”

- Renew your mind daily with the Word of God
- Cultivate intimacy with the Lord through prayer
- Avoid deliberate sin – like the plague
- Know there will still be warfare – cover your spirit, soul and body with the Blood of Jesus

17
